



अंतर्चेतना

Antarchetana - The awakening

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FOUNDATIONAL STAGE

Little Yogis Shine Bright: Kindergarten's Yoga Day



The International Day of Yoga 2024 kicked off with great enthusiasm, where young yogis dressed in white and black attire took centre stage to perform simple yoga asanas. The atmosphere was filled with excitement as these little ones showcased their flexibility and enthusiasm for yoga. This early introduction to yoga not only fostered physical health but also instilled in them the importance of mindfulness and well-being from a young age. The event was a delightful start to the day, setting a positive tone for the

celebration of yoga's benefits among the youngest members of our school community. It has been decided to continue the practice around every 21st day of the month.

Celebrating 37 Years of Excellence: Foundation Day



On July 11th, the school joyously celebrated the 37th Foundation Day with unparalleled enthusiasm and spirit. The day began with children singing the school's birthday song, expressing their heartfelt love and admiration for their beloved Anandalaya. Their joy knew no bounds as they danced to lively action songs, embodying the essence of childhood exuberance. The highlight of the day was the surprise bonanza of child-centred role plays, dances, and dramas orchestrated by the dedicated foundational years' teachers. These performances not only entertained but also imparted meaningful messages, showcasing the teachers' creativity and commitment to holistic education. Adding to the festivities, children proudly showcased their self-created animal masks, a cherished memento of the special day. These masks symbolized the creativity and joy that filled every moment of the celebration. As the day came to a close, children left with new experiences and cherished memories, marking yet another milestone in the school's illustrious journey.

PREPRATORY, MIDDLE AND SECONDARY

Achievement in Best Cadet Awards – A Certificate 2023-24



Anant Gupta, a dedicated Class 9th cadet, represented Anandalaya at the Best Cadet Award competition organized by 13 GUJ BN NCC Unit on February 02, 2024. Out of 330 participants, Anant excelled in the rigorous competition comprising of a written test on NCC and general knowledge, drill exercises, a personal interview, and overall personality assessment. His outstanding performance earned him a scholarship of Rs. 4500/- along with the prestigious award. This achievement highlights our school's commitment to fostering leadership and excellence among our cadets. This is the third consecutive year of winning the title.

Inspiring Future Scientists: Aruna Lal Scholarship Event at PRL



On March 6, 2024, Yug Patel (11th), Anagha Menon (11th) and Tanish Patel (11th) participated in the Aruna Lal Scholarship event hosted by the Physical Research Laboratory (PRL), Ahmedabad. The event aimed to promote a passion for basic sciences among secondary students, with a special focus on encouraging more girls to join. Highlights of the event included insightful presentations on topics like "Reaching for the Sun through Aditya-L1" and a screening of 'The Journey of ISRO'. Students also engaged in discussions on the history of science and artificial intelligence, led by distinguished professors from PRL. The day concluded with a tour of PRL campus and a prize ceremony recognizing

participation. The event not only educated but also inspired our students to explore careers in scientific research.

NCC Enrolment of the Cadets for 2024-2026



On June 25, 2024, NCC enrolment for the new batch from class 8th was organized by the 13GUJ BN NCC and 4 GUJ GIRLS BN NCC. Under the able guidance of NCC Officers from the NCC BN. 25 each girls and boys have been enrolled for a two years A certificate course. The objectives of the NCC include character building, discipline, selfless service to the National and also to create a pool of trained, organized and motivated youth with various leadership qualities in every walks of their life and serve the nation irrespective of the careers they choose.

Inter House Football & Cricket Tournament



From March 19 to 22, and March 29 to April 5, 2024, the Inter House Football and Cricket Tournament were organised for boys from Classes 8th to 12th. The event aimed to promote participation in sports activities, develop leadership and cooperation among the students and instill sportsmanship. Ullas House emerged victorious with 28 points, followed by Harsh House with 24 points, Utkarsh House with 20 points, and Umang House with 16 points. This tournament, held during the session break after the annual exams, saw enthusiastic participation and successfully brought out the students' hidden talents. The event provided a fun and competitive environment for students to de-stress, make friends, and enjoy sports.

Celebrating International English Language Day



From April 22nd to 29th 2024, different activities were organized to mark International English Language Day. A week-long celebration aimed at enhancing language skills and promoting creativity among all the students across the classes 1st to 12th. The highlight of the event was the stage performances on April 27th where students from classes 6th to 12th showcased the skits which were scripted by them. The skits demonstrated their acting prowess and teamwork. Additionally, a spelling championship engaged students across all classes, while classes 6th to 9th participated in preparing thought-provoking soliloquies. An English club was also launched to promote reading habits, with students becoming reading mentors for younger peers.

Parents' Orientation Program



From 2nd April to 5th April and on 15th June 2024, orientation programs were conducted for the parents of students in Classes 1st, 5th, 8th, and for Classes 11th and 12th Commerce and Humanities streams, respectively. The event commenced with an address from Principal Mr. Tejashkumar Desai, emphasizing the pivotal role of parents as role models

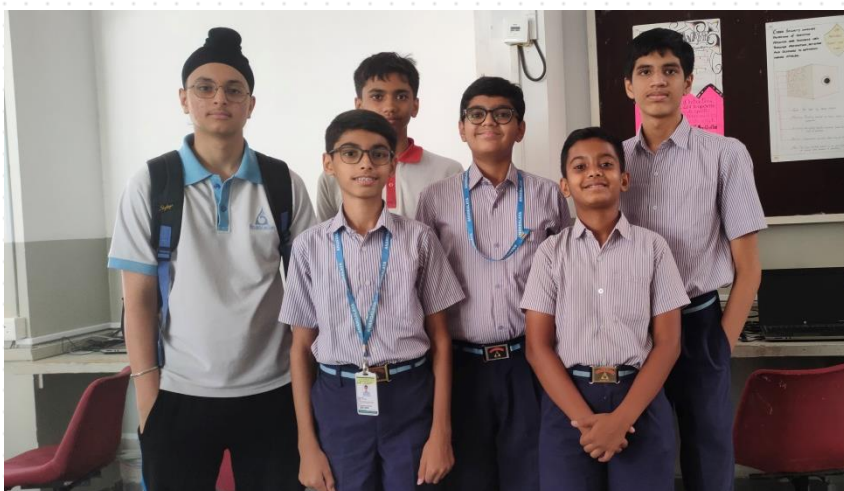
and partners in the holistic development of their children. It aimed to create a welcoming atmosphere for students and their parents as they embarked on the new academic session 2024-25. Comprehensive information about academic and co-curricular activities were provided to support students' educational and personal goals. Emphasis was also placed on students' safety and the expected approach towards school for their betterment.

Key points discussed by the Principal during the Class 5th & 8th orientation included National Education Policy 2020, attendance, promotion policies, examination rules, and changes in the question paper pattern. Overall the orientation programmes at different level created a warm and informative environment, emphasizing the importance of strong partnerships between home and school to support students' overall development.

PRERNA UTSAV at JNV Bhadran

Organized by the State Education Department, the PRERNA UTSAV at Jawahar Navodaya Vidyalaya Bhadran was held on 20 April, 2024. The event aimed to foster experiential learning among students, drawing participation from 126 students across various schools. Participants engaged in creative expressions such as drawing and writing on topics like 'Viksit Bharat 2047' and 'My Vision of India'. Two of our students, Shreeja Jigneshkumar Patel from Class 9th and Dhruvrajsinh Sanjaysinh Dabhi from Class 9th, were shortlisted for the PRERNA Program after showcasing their talents. This event provided valuable exposure for both students and teachers, reinforcing the importance of innovative educational initiatives.

CBSE Science Challenge 2024



The CBSE Science Challenge 2024, organized by CBSE consisted of two rounds aimed at promoting problem-solving skills and fostering curiosity among students from classes 8th to 10th. Round I, was held on April 24th, 2024 to select two students each from classes 8th, 9th, and 10th for Round II. Following students participated in Round II Dhyani Rutvik Trivedi (8th) Ishaan Kunal Soni (8th) Mantvya Hiten Mehta (9th) Tirth Kartikkumar Patel (9th) Saumya

Dipeshkumar Bhut (10th) and Sidhakvir Singh (10th) in an online mode on May 17th, 2024. This event not only provided a platform for academic excellence but also emphasized on critical thinking and decision-making skills among the participants.

Swayam Aur Samaj Ke Liye Yog



The 10th International Day of Yoga 2024 was commemorated with great enthusiasm and participation on June 21, 2024. Students from classes 6th to 12th including NCC cadets participated as per the Common Yoga Protocol. The event aimed to promote awareness about the physical and mental health benefits different Yoga postures, emphasizing its role in relieving stress and promoting holistic well-being. Participants demonstrated impressive discipline and mastery of various Yogasanas, reflecting their dedication to the ancient practice of Yoga. The theme highlighted the importance of Yoga for personal and societal well-being. This celebration not only encouraged students to adopt yoga as a daily habit but also nurtured a sense of mindfulness and peace among all participants. It has been decided to continue the practice around every 21st day of the month.

Historic July- Our Foundation Day

(i) Celebrating 37 Years of Excellence of Anandalaya



On July 11, 2024, Anandalaya celebrated its 37th Foundation Day with unmatched enthusiasm and spirit. The event honoured the school's rich legacy and achievements through a variety of activities. The day aimed to provide a platform for students to showcase their talents, appreciate the newly appointed student council members, and recognize the winners of the SBCF art competition. In recognition of the exemplary performance as office bearers Ex Head Boy Nivid Joshi and Ex Head Girl Veaa Patel were felicitated with the trophies.

(ii) In remembrance of Dr. Shivani Bhatt



Dr. Shivani Bhatt Charitable Foundation (SBCF) in association with Anandalaya organizes Dr. Shivani Bhatt Memorial Drawing & Colouring Competition every year in the fond memory of our alumna Dr. Shivani Bhatt. Students from Foundational to Secondary stage participated eagerly, depicting themes like "My favourite Toy", "Our Land Our Future" and "Eat Good, Eat Healthy" showcasing their artistic talent and creativity. The SBCF art competition prize winners were Hiral Patel (Class 8th Third Prize), Simrit Kaur (Class 6th Second Prize), Vaidi Amin (Class 7th First Prize), Jhalak Singh (Class 9th Third Prize), Devanshi Mundhada (Class 12th Second Prize), and Evelyn Parmar (Class 12th First Prize).

(iii) Empowering Future Leaders: Investiture Ceremony

The Investiture Ceremony symbolizes the trust and confidence the school places in its elected office bearers. It aims to empower students by conferring badges and responsibilities, allowing them to step into leadership roles. Students of Classes 6th to 12th elected the Head Girl, Head Boy, Dy. Head Girl, Dy. Head Girl, Sports Captains and Dy. Sports Captains.

The Prefectorial Council 2024-25 is as follows:

PREFECTORIAL COUNCIL 2024-2025

S. No	POSTS	HOUSE	NAME	CLASS
1	HEAD BOY	ULLAS	YASHWARDHAN MAHARANA	XII A
2	HEAD GIRL	HARSH	VIVA DAVE	XII C
3	DEPUTY HEAD BOY	HARSH	KANAV DHOLAKIA	XI B
4	DEPUTY HEAD GIRL	HARSH	FALAK SHARMA	XI B
5	SPORTS CAPTAIN BOY	UTKARSH	PARSHVA SHAH	XII C
6	SPORTS CAPTAIN GIRL	HARSH	SHREYA SHARMA	XII C
7	D. SPORTS CAPTAIN BOY	UMANG	LOHITAKSH LOHANI	XI A
8	D. SPORTS CAPTAIN GIRLS	UMANG	KRISHA SONI	XI A
9	HOUSE CAPTAIN	HARSH	SHREYA GULERIA	X B
10	DEPUTY HOUSE CAPTAIN	HARSH	AVI ARPIT DEOMURARI	IX B
11	HOUSE CAPTAIN	ULLAS	RIYA AMBALIYA	X B
12	DEPUTY HOUSE CAPTAIN	ULLAS	ANSHI	IX A
13	HOUSE CAPTAIN	UMANG	ANANT GUPTA	X B
14	DEPUTY HOUSE CAPTAIN	UMANG	DHAWANI DAXINI	IX B
15	HOUSE CAPTAIN	UTKARSH	SAGAR SINGH	X B
16	DEPUTY HOUSE CAPTAIN	UTKARSH	RUDRA TRIVEDI	IX A

The event was a resounding success, filled with pride and celebration, as students and teachers came together to commemorate the foundation of their beloved institution.

Teacher Enrichment Week



8th, 2024 a workshop on Phonology, led by resource person Prof. Sulbha Nataraj, refreshed teachers' understanding of phonology and phonetics. The session provided pedagogical preparedness and valuable learning experiences.

Fostering Professional Development



The Gyan Sarovar, Sahodaya hosted a series of impactful workshops aimed at enhancing best teaching practices, promoting activity based learning methodologies and preparing the children for competency based assessment. Our secondary teachers attended the workshops for various subjects of Classes 11th and 12th.

We are proud to share that four of our teachers got an opportunity to be the resource person for their respective subjects. Ms. Farida Sridhar and Mr. Alpeshkumar Shah were the resource persons for the senior secondary level for Biology and Computer Science respectively. Ms. Anjana Patel and Ms. V Jyothi for the primary level Mathematics.

Teacher participants for the workshop held on Saturday, 24th June 2023 for Classes XI & XII were:

Mr. Tejashkumar H. Desai	Business Studies	Mr. Shunmugasundaram	Physics
Ms. Anjana Naik	Accountancy	Ms. T. Jothilakshmi	Mathematics
Mr. Saurabh Kethilkar	Physical Education	Mr. Sujithkumar K P	Chemistry
Ms. Neeru Choughule		Mr. Kishan Dhandha	
Ms. Rachel Parmar	English	Mr. K. Krishnakumar	Economics
Mr. Deepak Manjrekar		Mr. Varun Parikh	
		Ms. Mona Lakhwani	

These workshops not only equipped participants with valuable insights and resources but also fostered a collaborative learning environment among CBSE educators. The dedication shown by all attendees towards professional growth and educational excellence was recognized with participation certificates.

संगोष्ठी : हिंदी: राष्ट्रीयसंपर्ककीसबलसूत्रधार



आनंदालय में दिनांक 29 जून, 2024 को हिंदी विभाग द्वारा राधासी मंच के तहत 'हिंदी: राष्ट्रीय संपर्क की सबल सूत्रधार' विषय पर संगोष्ठी का सफल आयोजन किया गया। इस संगोष्ठी में पाँच विद्यालयों के शिक्षक-शिक्षिकाओं ने भाग लिया। राधासीमंच की प्रभारी श्रीमती मधुबाला के संचालन में संगोष्ठी की शुरुआत दीपप्रज्वलन और श्लोक के साथ की गई। राष्ट्र कवि रामधारी सिंह दिनकर जी की ओजस्वी कविता 'स्वाधीनता की सेना' कर विद्यार्थियों ने सभा कक्ष को राष्ट्रीयता के स्वरो से भर दिया। बीज वक्ता के रूप में प्राचार्य श्रीमान तेजसकुमार देसाई जी ने राष्ट्रीय शिक्षा नीति 2020 में बहु-भाषावाद, त्रिभाषीय सूत्र तथा हिंदी भाषा के लिए वर्तमान में किए जा रहे सराहनीय प्रयासों आदि के बृहदज्ञान से सभा को अभिसंचित किया। आनंदालय से श्रीमती अलका बालियान जी ने अनुभवात्मक शिक्षण के नवाचारों एवं गतिविधियों के महत्व पर अपनी प्रस्तुति दी। पोदार इंटर नेशनल स्कूल की ओर से श्रीमती तेजल सोलंकी जी ने 'हिंदी भाषा संचार का सशक्त माध्यम' विषय पर रोचक विचार प्रस्तुत किए। हिंदी संप्रेषण में विद्यार्थियों की सहजता को उल्लेखित किया। व्रजभूमि इंटरनेशनल स्कूल से निमिषा प्रजापति जी ने हिंदी भाषा व संस्कृति की नींव मजबूत करने के संबंध में अपने अनुभवों को साझा किया। मुनि युनिवर्सल विद्यालय से श्रीमान आलोक भटनागर जी ने अपनी सारगर्भित वाणी द्वारा विद्यार्थियों को हिंदी भाषा, जीवन मूल्यों और संस्कारों से जोड़ने के लिए अभिप्रेरित किया। भारतीय विद्या भवन से श्रीमती रत्ना तेली जी ने अहिन्दी भाषी क्षेत्रों में विद्यार्थियों के संप्रेषण कौशल में आनेवाली चुनौतियों पर प्रकाश डाला तथा कई गति-विधियों का उल्लेख भी किया जिससे विद्यार्थियों की संप्रेषण कला व मौलिकता को तराशा जा सकता है। आनंदालय की ओर से डॉ. सुधाकरलाल श्रीवास्तव जी के द्वारा संगोष्ठी की अंतिम प्रस्तुति दी गई। जिसमें उन्होंने अधिगम के अभिनव कौशलों तार्किकता, रचनात्मकता, संचार और सहभागिता को समृद्ध करने पर बल दिया गया। अन्य विद्यालयों से पधारे शिक्षक-शिक्षिकाओं ने भी अपने अनुभवों को साझा किया। लगभग 15 प्रतिभागियों ने इस संगोष्ठी में शिरकत की। प्राचार्य श्रीमान तेजसकुमार देसाई जी के करकमलों द्वारा सभी को सहभागिता प्रमाणपत्र से सम्मानित किया गया। राधासी मंच की प्रभारी श्रीमती भक्ति आशर जी ने धन्यवाद ज्ञापन की परंपरा का पालन करते हुए संगोष्ठी की सफलता के लिए सबको धन्यवाद दिया। राष्ट्रगान द्वारा संगोष्ठी का समापन किया गया। संगोष्ठी की सफलता का अनुमान इस बात से लगाया जा सकता है कि कार्यक्रम के अंत में सभी मुख्यवक्ताओं ने राधासीमंच द्वारा ऐसे कार्यक्रमों के आयोजन को आनंदालय का नेक और प्रेरक प्रयास बताया। राजभाषा हिंदी के प्रचार-प्रसार में महत्वपूर्ण भूमिका निभाने हेतु विद्यालय प्रबंधन की सराहना की।

Sparking Creativity in Young Artists



On July 10th 2024, Anandalaya hosted an inter-house pot making competition for Classes 5th and 6th, aiming to cultivate creativity among young minds. Participants displayed their creative and imaginative talents through vibrant colours and innovative designs, transforming simple pots into beautiful works of art. The event was filled with joy and enthusiasm, showcasing the commendable creativity of the young artists and highlighting their ability to inspire through their artistic expressions.

IRMA Convocation 2024

On Friday, 6th July 2024, the IRMA Convocation was held at the prestigious T.K. Patel Auditorium, NDDDB, Anand. The event was graced by the former Vice President of India, Shri M. Venkaiah Naidu, as the chief guest. It was indeed a privilege for the young singers from Anandalaya to showcase their talent on such an esteemed platform. The student participants included Bivas Bhattacharjee, Shinjini Chaudhari, Harshvi Punvar, Anushree Sasmal, Srinika Das, and Anushka Jain. Their performances left a lasting impression on all attendees.

Honoring Dr. B. R. Ambedkar



On Sunday, 14th April 2024, NDDDB, Anand hosted a special event to commemorate Ambedkar Jayanti. The occasion was marked by a musical performance from the talented students of Anandalaya, including Dipti Rajan, Anushka Jain, Harshvi Punvar, Anushree Sasmal, and Srinika Das. The performance was a tribute to Dr. Ambedkar's legacy, reflecting the spirit of his enduring influence on India's socio-political landscape.